



Chicago Public Schools

# Office of Student Health and Wellness Sexual Health Education Policy

HEALTHY SCHOOLS • HEALTHY STUDENTS • HEALTHY CHICAGO



# What is Sexual Health Education?

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- Education that builds foundation of knowledge and skills related to human development, relationships, decision-making, abstinence, medically-recommended contraception and disease prevention.
- Grades K-4 - foundational instruction including: anatomy and physiology, reproduction, healthy relationships and personal safety.
- Grades 5-12 - expands on the foundational instruction to include: abstinence, healthy relationships (including informed decision-making, sexual orientation, gender identity and personal safety) medically-recommended contraceptives, transmission and prevention of sexually transmitted infections (including HIV).

# Why Now?

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- National Initiatives
  - President Obama's National HIV/AIDS Strategy – July 2010
  - National Sexuality Education Standards – January 2012
- State and Local Initiatives
  - Mayor's Healthy Chicago Initiative – August 2011
  - Illinois HB 3027: The Sexual Health Education Bill – July 2012

# Local Health Status

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- Cook County ranks 1<sup>st</sup>, 1<sup>st</sup> and 2<sup>nd</sup> respectively for rates of gonorrhea, syphilis and chlamydia among all counties and cities in the United States
- In 2011, 15-19 year olds accounted for 35% of reported chlamydia and gonorrhea cases in Chicago
- HIV infection diagnoses among 15-19 year-olds in Chicago has increased 43% since 2000
- In 2008, 32 out of every 1,000 girls aged 10-19 years in Chicago gave birth

*Source: Chicago Department of Public Health*

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# Youth Risk Behavior Survey Results

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- CPS high school students reported having had sexual intercourse → **52.2%** .
- Students reporting sexual intercourse for the first time before age 13 years → **12%**.
- Currently sexually active CPS high school students did not use a condom during their last sexual intercourse → **35.7%**.
- CPS high school students who did not use birth control pills before their last sexual intercourse → **88.2%**.
- CPS high school students reported never being taught about HIV or AIDS in high school → **27.1%**.
- Reported incidents of sexual harassment or misconduct in CPS in school year 2011-2012 → **909**.

# Major Policy Amendments

## Family Life and Comprehensive Sexual Health (FLCSHE) - 2008

- FLCSHE as two educational programs based on grade.
  - Family Life for K – 4
  - Comp. Sex. Health for 5 – HS
- Only 5<sup>th</sup> grade w/ minimum teaching minutes.
- Principal designee highlighted for 5<sup>th</sup> grade only.
- FLCSHE topic areas not identified.
- FLCSHE teacher training requirement w/o proficiency requirement.
- Abstinence as expected norm.

## Sexual Health Education - 2013

- Sexual Health Education encompasses K–12 and family life as a component of Comprehensive Sexual Health Education.
- All grades w/ minimum teaching minutes.
- Minimum 2 Principal designees per school.
- Sexual Health Education topic areas identified and aligned with national standards.
- Sexual Health Education teacher training with proficiency requirement – 80% post-test.
- Abstinence as a component of healthy sexual decision making.
- Includes language on sexual orientation and gender identity .

# Policy Implementation Strategy

## Year 1: Capacity Building

- ❑ District-wide Sexual Health Education Instructor Training  
March 2013-June 2014
- ❑ Web-based Training offered daily
- ❑ In-Person Training offered monthly

**Outcome:** Minimum number of required instructors trained at each school – 2 per school

## Year 2: Implementation

- ❑ District-wide Sexual Health Education Instructor Training continued July 2014 – March 2015
- ❑ Monitoring Sexual Health Education school implementation and reporting
- ❑ Technical Assistance: FAQs, Supplemental Resources, Parent Engagement and Supports

**Outcome:** Identify schools implementing and number of students receiving Sexual Health Education, parental engagement

## Year 3: Compliance

- ❑ Two trained Sexual Health Education instructors at each school
- ❑ Sexual Health Education implementation at all schools
  - ❑ Students in grades K-4 receive 300 instructional minutes of Sexual Health Education
  - ❑ Students in grades 5-12 receive 675 instructional minutes of Sexual Health Education
- ❑ Sexual Health Education instructors reporting implementation in accordance to policy guidelines

**Outcome:** Reduce school level incidents of sexual misconduct and harassment and positively impact rates of STI, HIV/AIDS and unintended pregnancy among Chicago youth